

January 3rd, 2020

Title: The Power of Listening: An Introduction to Deep Canvassing

Lighting of the Chalice

Opening Words: #661 "The Heart Knoweth" by Ralph Waldo Emerson

Welcoming Circle: (LINDA Thompson)

- When called on please share your: name, where you are calling from today, and a feeling word to describe yourself this morning

Introduction & Welcome (Ken Hood)

Announcements

Music – Annika Rose, Talk to Strangers (lyrics below)

<https://www.youtube.com/watch?v=53IZwW8yFmM>

[Verse 1]

I don't know how
To present myself
In every single conversation
I hate the way
I fill the space
Maybe I'm afraid of silence
I wish that I could just keep smiling
But I can't today
So I fill the space

Aidan's in the kitchen
Talking to the guy in the blue sweater
Like she's known him forever
But they only just met
And I still haven't left the corner yet

[Chorus]

I'm still figuring out
How to talk to strangers
I'm still figuring out
All the dangers
I'm telling 'em things
I wouldn't tell my mom
All of the things I did
But shouldn't have done
'Cus I'm still figuring out
How to talk to strangers

[Verse 2]

Everyone else
Except myself
Always make it look so easy
They laugh and cry
I want to die
I guess I never learned to small talk
I can barely keep up with myself
As they laugh and cry
I want to die
(die die die)

[Chorus]

I'm still figuring out
How to talk to strangers
I'm still figuring out
All the dangers
I'm telling 'em things
I wouldn't tell my mom
All of the things I did
But souldn't have done
'Cus I'm still figuring out
How to talk to strangers

[Bridge]

Did I say to much?
Or not enough?
Do you think they tell?
I'm still figuring out how to talk to strangers
Did they teach it in school?
And did I miss a day
'Cuz everybody knows what to do?
And I can't figure it out
'Cuz I'm still figuring out how to talk to strangers

They laugh and cry
I want to die

Presentation: The Power of Listening (Ken Hood)

(if time) **Practicing the “Cone of Curiosity”** in pairs

- Any questions? Please ask Pat Shifferd or Ken Hood for assistance during the exercise

- OK to not share or participate, this is just an invitation
- If you don't have a partner for some reason, click the blue button in the lower-right corner of Zoom to come back to the main room

Prompt: What are you joyful for today? OR What are you concerned about today? (try to pick something that has personally affected you)

Ask your partner about their joy or concern? Who/what/when/where questions...then dig deep
“How did that feel?” “Why did it feel that way?”

Regroup after activity

Circle of Friendship (ALL)

“Go well into life now, and always remember that when you need us, here you will find the hands of friends.”

Interested in learning more about Deep Canvassing?

Listen to Steve Deline, co-founder of the New Conversations Initiative, talk about Deep Canvass.

Video link: <https://www.youtube.com/watch?v=JNDh8su5o4k>

OR, you can volunteer with People’s Action on a Deep Canvass campaign. They provide excellent training on how to practice this method over the phone. Link: <https://peoplesaction.org/volunteer/>